

Catholic Charities, Diocese of Rockville Centre

Songs from the Heart



***As a body is one though it has many parts,
and all the parts of the body, though many,
are one body, so also Christ.***

1 Corinthians 12:12

My Dear Friends,

In my ministry as Bishop of the Diocese of Rockville Centre, I travel throughout Long Island, my hope being to visit with as many of our Church's faithful servants as possible.

In that light, I recently spent a full day with Catholic Charities whose 63 sites span the Island, from Elmont to the East End. With dozens of services being offered by more than 600 employees and 400 volunteers, we can joyfully offer our assistance at virtually any point in a person's life. Whether it be children who require food assistance to senior citizens who need an affordable place to live to almost anyone in between, Catholic Charities has played a key role in the day-to-day life of Long Islanders since 1957.

As I drove home that evening I marveled at just how vast and complex a Catholic Charities operation we have here on Long Island. Any beautiful song is the sum of many different parts. It simply wouldn't be complete without each and every instrument and musician working in harmony with one another. Not only does each have to play their respective parts, they must also be synchronized with one another for that song to be whole and meaningful. That's why orchestras have a conductor. Without that lead, a person setting the tempo, it would all be just noise. Did you ever listen to the warmup of an orchestra pit before a Broadway show? It's just noise, until they perform together.

So it is with our Church's mission. No one person, or department, or program can define it. It takes a team of devoted missionary disciples—some on the front lines, others behind the scenes, all of them dedicated to one magnificent outcome. It's only possible when we're all in tune with one another and with our Lord. He's our maestro and with Him and through Him, we do great things. Together, we are a beautiful symphony of praise to our God—each & every day. And regardless of what instrument you play in this mission song, it wouldn't be music without you.



Photos by Greg Shernitz, 3VPhoto.com



+ John O. Barres
**Most Reverend
John O. Barres,
Bishop of
Rockville Centre**



Where words fail, music speaks.

Hans Christian Andersen

Dear Friends,

We've all heard about the healing power of music, so much so that the expression now sounds a bit cliché. But what if I told you that music can do much more than lift our spirits? It actually has the power to heal. Numerous medical studies now seem to indicate that music can:

- lower blood pressure, improve blood flow and regulate heart rate.
- reduce anxiety and combat depression.
- help Alzheimer's patients improve their memory.
- relieve some severe symptoms of autism.
- aid stroke patients in regaining language skills.
- control various symptoms of epileptic seizures.
- improve patient outcomes after surgical procedures.
- and even help premature babies gain weight.

Some cultures around the world have known this power for centuries and routinely use music to heal pain but we're just starting to understand its restorative abilities.

At Catholic Charities we embrace music's extraordinarily therapeutic qualities. Just look at the photos on this page. You see high school students hosting dances for senior citizens, musicians from around the world gracing our immigration masses, karaoke nights at our homes for the developmentally disabled, and Christmas carolers spreading unbridled joy.

These wonderful moments happen because music is a universal language that offers a uniquely communal experience, one that bonds people together no matter their age, faith or background. It improves the well-being of not only those who hear it, but those who create it, truly a healing balm for body and soul.

For years, I played flute in the school band. And, much like the Spanish I studied back then, the knowledge lies dormant within my soul. It is truly astonishing how these admittedly rusty languages suddenly emerge when my ears drink in their familiar rhythmic tones. Music is indeed the love song of the heart and it brings to mind Pope Benedict's encyclical "God is Love." There he wrote that "human beings always need something more than technically proper care. They need heartfelt concern." This is what leads to the "formation of the heart."

Music is just one of the many ways Catholic Charities forms the heart. And it wouldn't be possible without supporters like you.

Laura A. Cassell

Laura A. Cassell
Chief Executive Officer
Catholic Charities of Rockville Centre





“When I get home from here, all my aches and pains have disappeared. I feel so young I have to look in the mirror to see if I still have grey hair.” Anna’s talking about her Thursdays at the Catholic Charities Senior Center in Franklin Square, where the Wayne Weiner band plays big band favorites for seniors of every faith and background. For more than 20 years, they come from across Nassau County for a dose of what they call the “best medicine,” and to spend the morning dancing, laughing and making new memories with friends.

Longtime trumpet player Wayne, for whom the ban is eponymously named, inherited the group’s leadership a number of years ago from a friend. “I knew something extraordinary was happening here and I wanted to keep it going. Most of us in the band have other paid gigs but volunteering to play at the center is by far the most satisfying for us. To see the joy on their faces and to feel their appreciation really charges us up.”

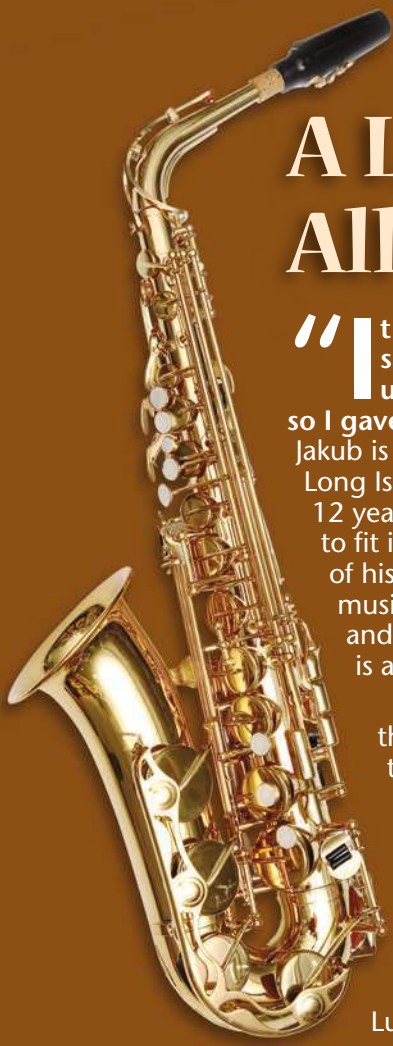
Saxophone player Bill Rothchild adds, “This is just a beautiful New York story. People from every kind of background, young and old, play in this band. We have college students, schoolteachers, actors, and even a 97-year old who still jams with the band. We do it because we love music and we know it has a healthy effect on people. And that’s what being a musician is all about, healing people.”

Marie can speak to that truth. She’s the group’s 82-year-old dance instructor, there to help those who don’t feel confident about dancing to find their groove. But the senior center’s big band has personal meaning for her as well. “When my husband died 10 years ago, I was so devastated that I didn’t leave my house for months. But a counselor told me that people heal faster with music so I came to hear this band play. They lifted my spirits and helped me to be happy again.”

Anna sums up the sentiment best, saying, “Catholic Charities does more than just give us a place to meet. They know music improves your quality of life because it makes you feel young again. Music makes you come alive and it reminds you just how sweet life is.” We couldn’t agree more.

Use the QR reader on your phone to watch our seniors and the Wayne Weiner Band!





A Language All Its Own

“It was either football or the saxophone and I didn’t understand American football so I gave the saxophone a try.” Jakub is describing his arrival on Long Island from his native Poland 12 years ago and how difficult it was to fit in at his new school. That was until one of his teachers invited him to participate at the school music lab during recess. The rest is history. “I felt right at home and made lots of new friends. I didn’t speak English well but music is a language all its own and it helped me connect on another level.”

Today Jakub plays both piano and saxophone but it’s still his alto sax that’s in demand at both Catholic Charities’ senior housing and at our homes for the developmentally disabled. That’s where he plays an eclectic mix that spans everything from classical pieces to jazz. But he is especially fond of playing film scores and loves it when faces light up to the familiar tunes of favorite movies.

Director of Disability Services, Diane Ammirati adds, “It’s remarkable. Here is this 24-year old business student with no social service experience yet he is able to bring residents real joy.” We asked Jakub what he owes this gift to but his answer was predictably modest. “My teacher used music to encourage me to make friends. I’d like to do the same for others.” Lucky for us, he does.



One Human Family

“When I was a child in El Salvador, I used to daydream about escaping the gang violence,” explains Fatima. “But the harder my family and I tried to avoid it, the more we became targets. At the darkest times, one of our greatest comforts was music, especially the songs we sang in church. It gave us faith that things would get better. I’ll never forget that Catholic Charities of Rockville Centre came to our aid and welcomed us to America. It’s why I volunteer to play guitar for the new immigrants and refugees in their program. They’re excited to be in America but I look in their eyes, especially the little ones, and I see that they are scared too. I know what that feels like. So I use music to comfort them, to let them know that America is a wonderful place.”

Catholic Charities’ Immigration Director, Carmen Maquilon adds, “From the beginning music has always played a big part in our immigration and refugee events, especially the masses. It has the unique ability to bridge cultural divides and bring people together, regardless of their background or faith. It reminds us that we are all part of one human family.”



The Many Notes in Our Song

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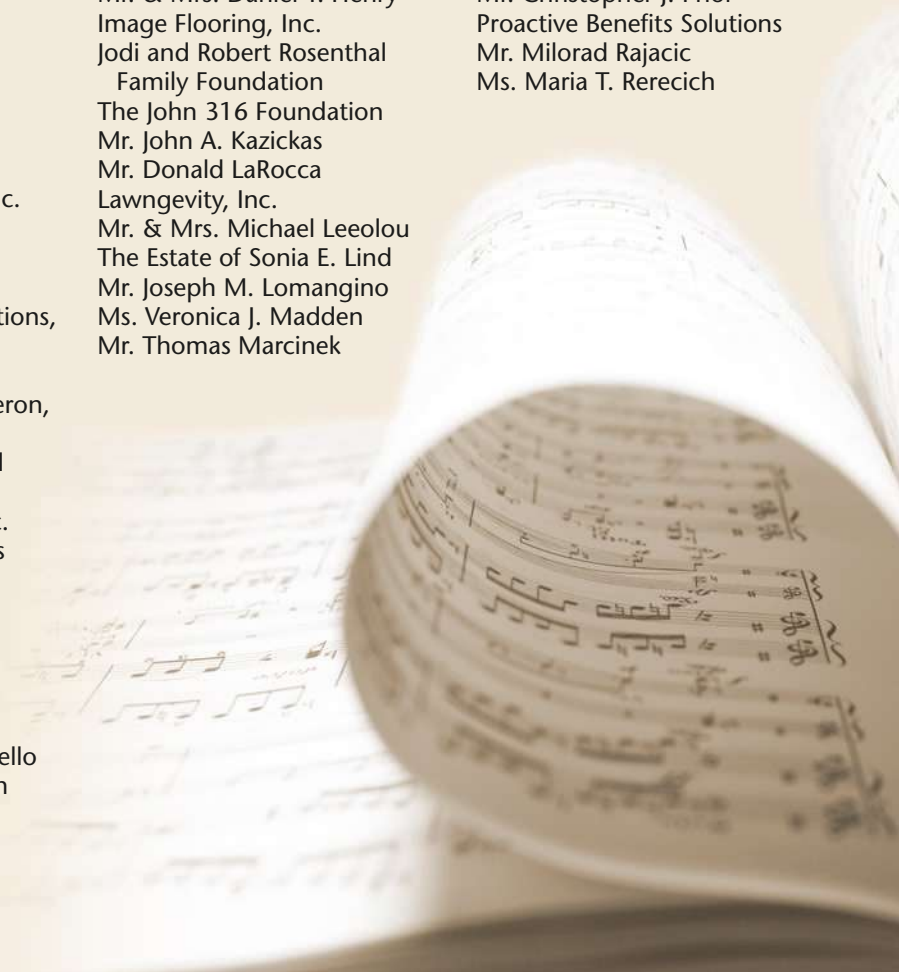
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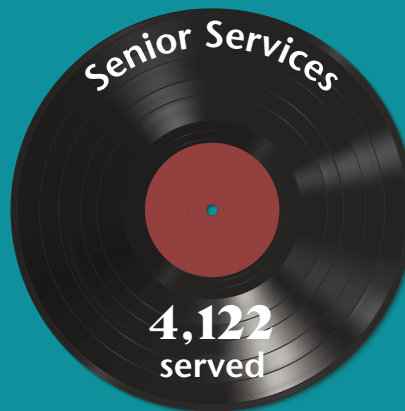
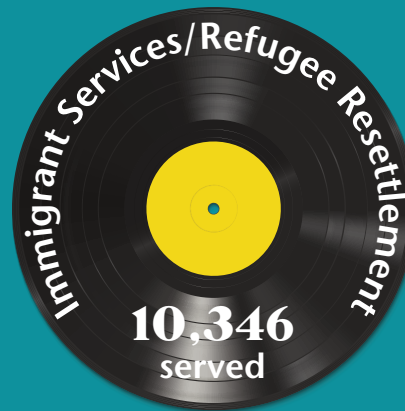
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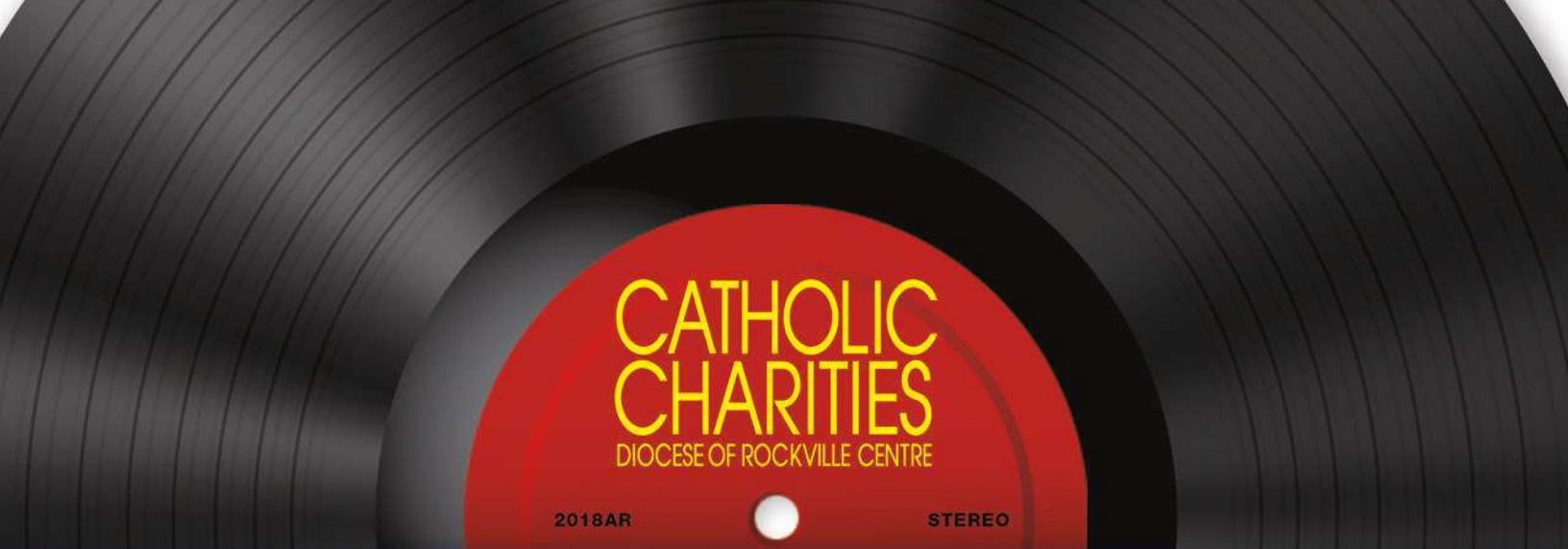
Chart Toppers!

In 2018, Catholic Charities of Rockville Centre provided more than 1.4 million caring, face-to-face services to 45,475 neighbors.



*Many participants in these programs receive round-the-clock, residential care.

**The Parish Social Ministry staff also supported parish programs that serve people in their local communities by holding trainings and conferences that were attended by 2,003 people.



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CHARITIES**
DIOCESE OF ROCKVILLE CENTRE

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Catholic Charities

Diocese of Rockville Centre

COMBINED STATEMENT OF ACTIVITIES

For the year ended December 31, 2018

OPERATING REVENUE:

Bequests, contributions and other gifts	\$ 1,829,084
Foundations, grants and other contracts	1,393,295
Catholic Ministries Appeal	1,250,000
Government contracts	11,555,057
Medicaid and Medicare	15,079,392
Fees, third-party and other reimbursements	4,293,546

Total Operating Revenue \$35,400,374

OPERATING EXPENSES:

Program Services:

Chemical Dependence Services	\$ 3,380,551
Disaster Response and Preparedness	385,527
Food and Nutrition Services	1,899,241
Health Systems	240,056
Housing	586,457
Immigrant Services	1,370,326
Maternity Services	722,442
Mental Health Outpatient Services	3,238,479
Parish Social Ministry	512,179
Residential Services	14,280,547
Senior Services	4,716,537
Special Needs Housing	208,651
Visually Impaired Persons Center	34,470
Other Programs	566,739

Total Program Services \$32,142,202

Supporting Services:

Administration	\$ 3,329,339
Fundraising	349,009

Total Supporting Services \$ 3,678,348

Total Operating Expenses \$35,820,550

DECREASE IN NET ASSETS WITHOUT DONOR RESTRICTIONS FROM OPERATIONS

(\$420,176)

NONOPERATING ACTIVITY:

Investment income and realized gains, net	\$ 1,289,179
Unrealized depreciation in fair market value of investments	(2,607,583)
Decrease in net assets with donor restrictions	(331,398)

DECREASE IN NET ASSETS

\$ (2,069,978)

NET ASSETS, BEGINNING OF YEAR 33,702,492

NET ASSETS, END OF YEAR \$31,632,514

A copy of the latest audited financial report is available upon request by e-mailing info@catholiccharities.cc or calling (516) 733-7000.



Catholic Charities gratefully acknowledges the legacies and support of those who assist in the continuation of our ministry. For information about planned giving or other forms of donations to Catholic Charities, please contact the Development and Communications Department at (516) 733-7042.

Catholic Charities is funded by the Catholic Ministries Appeal of the Diocese of Rockville Centre, federal agencies, the State of New York, Nassau and Suffolk counties, the United Way of Long Island, foundations, third-party reimbursements, client fees, contributions, grants and bequests. Catholic Charities is a 501(c)(3) non-profit organization. Contributions to Catholic Charities are tax-deductible to the extent allowed by law.



Current Hits

B8

HOW WE

B21

Chemical Dependence Services:

Talbot House Chemical Dependence
Stabilization Center/
Outpatient Clinics

B9

B22

Food and Nutrition Services:

Commodity Supplemental Food Program
for Seniors/Nutrition Outreach Education
Project/Women, Infants and
Children Program

B10

B23

Housing:

Affordable Apartments for Seniors
and People With Physical Disabilities/
HIV/AIDS Housing

B11

B24

Immigrant Services:

Legal Counseling/Citizenship & Voter
Registration/Refugee Resettlement/
Advocacy & Organizing

B12

B25

Mental Health Outpatient Services:

Community-based Clinics/
Suicide Prevention Training

B13

B26

Mental Health Residential Services:

Siena Residence for Adults with Psychiatric
Disabilities/Teaching Family Homes for
Children/Project Independence and
Project Veterans Independence

Western and

HELP

Parish Social Ministry:

Parish Outreach/Support for Local
Programs/Central Information and
Referral (CIR)

C1

C14

C2

C15

Regina Maternity Services:

Regina Residence/Mary's Residence/
Mentoring Program/Maternity
Community Program

C3

C16

Residential Services for People with Developmental Disabilities:

Case Management/Community
Integration/Skills Development/
Community Residences

C4

C17

Senior Services:

Case Management/Meals-On-Wheels/
Senior Community Service Centers/
Visually Impaired Persons (VIP) Center

C5

C18

NEED HELP?

C6

C19

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A

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13

14

Our Mission Statement

As a ministry of the Roman Catholic Church, Catholic Charities assists in serving the basic needs of the poor, troubled, weak, and oppressed and is committed to addressing the causes of injustice.

We aim to organize and empower people to secure the participation of all in the life of the community.



**Care with
Dignity...**

**Life with
Hope**

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